



EMPOWERING LIFELONG LEARNERS AND INSPIRING CREATIVE MINDS

WALTER AND GLADYS HILL

RAVEN RAMBLER JANUARY 2025



Our Grandfather Teaching :

From the desk of Mrs. Swain

Truth is more than simply stating facts; it's about living in a way that aligns with our principles and values.

It challenges us to be honest with ourselves and to live authentically, embracing the principles of love, respect, bravery, honesty, humility, and truth.

The Leader in Me - Habit 4: Think Win Win

From the desk of Mrs. Arsenault

Win-win is a way of thinking when it comes to group work and collaborating with others. It is about finding a compromise that works for both groups and realizing there is enough for everybody-- that one person's success is not achieved at the expense of others.

To Think Win-Win:

1. Have an Abundance Mentality. There is enough for everyone.
2. Balance courage and consideration.
3. Consider other people's wins and needs as well as your own.

Your paragraph text

GOING TO BE ABSENT?

SEND US AN EMAIL!

WGHABSENCES@FMPSD.AB.CA

Grades 1-6:
8:00am - 2:40pm
Lunch: 11:30am - 12:15pm

ECDP/KINDERGARTEN:
 AM: 8:00am - 10:50am
 PM: 11:50am - 2:40pm

JANUARY 2025

WALTER AND GLADYS HILL



PRINCIPAL'S MESSAGE



Dear Raven Families,

January has been a busy month at Walter and Gladys Hill Elementary School as we settled back into learning and re-established routines.

Our basketball teams are in full swing, fan dance club has started, students are preparing for our drama production, and our robotics team has kicked off. We also recognized Bell Let's Talk Day and Moebius Syndrome Awareness Day, reinforcing our commitment to an inclusive school community.

We are missing some key staff members and many of our beloved students, whom we eagerly await to rejoin us as we navigate this difficult time. Despite these challenges, teachers have worked hard to complete government assessments while preparing report cards for students and families.

As we look ahead, we hope February brings great things to our school community. Thank you for your ongoing support.

Sincerely,
Mr. Andrews
Principal

THE RAVEN RECAP

JANUARY 2025



Purple For Moebius Syndrome

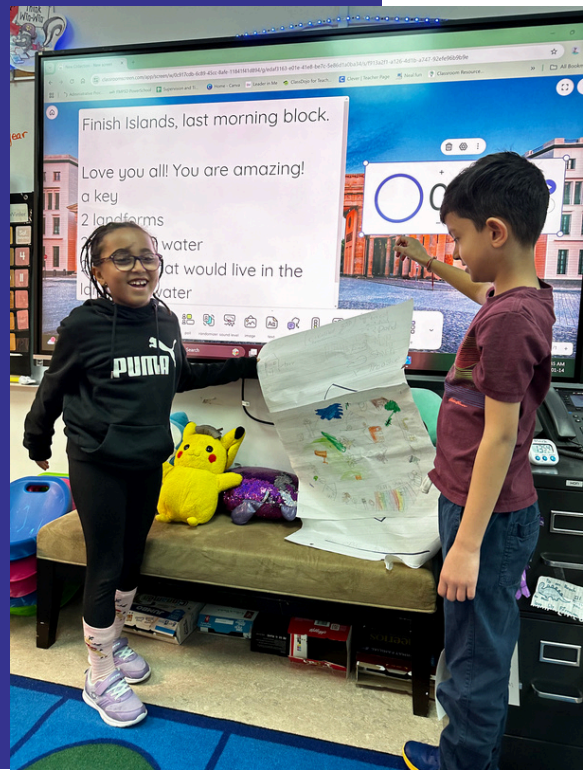
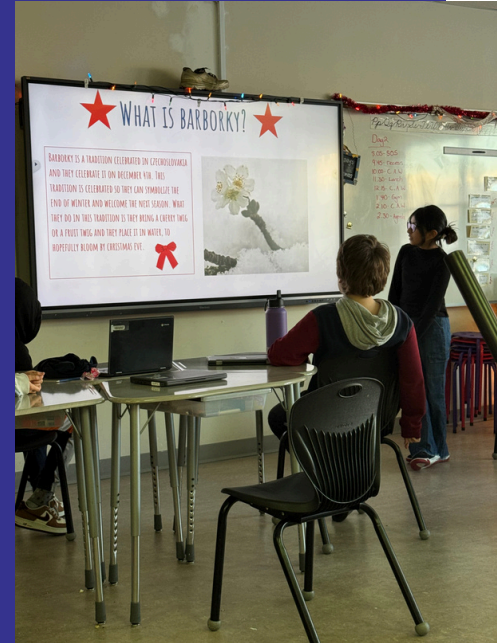
Moebius syndrome is a rare neurological condition that is present at birth and primarily affects the 6th and 7th cranial nerves, resulting in facial paralysis. Thank you to our own Kane and his family, who supports our school community by sharing resources and awareness! On Thursday, January 23rd, we wore purple while learning about Moebius Syndrome.



Bell Let's Talk Day

On Bell Let's Talk Day, our school came together to raise awareness about mental health and promote conversations around wellness. Staff and students showed their support by wearing blue to symbolize our commitment to breaking the stigma surrounding mental health. By participating in this initiative, we took time to reflect on the importance of kindness, compassion, and open dialogue. Thank you to everyone who joined in wearing blue and engaging in meaningful conversations. Together, we are fostering a culture of understanding and support in our school community.

STUDENT PHOTOS



FROM THE NEST OF YOUR

JANUARY 2025

FRIENDS OF RAVENS



FRIENDS OF RAVENS

BOARD MEMBERS

President - Chauntelle McCallum

VP - Janet Pardy

Treasurer - Marie McKay

Secretary - Amy Hrovat

Directors at Large -
Kate Buczulak, Heather Pinsent, Shruti Sharma

PAC BOARD MEMBERS

President - Janet Pardy

VP - Kate Buczulak

Secretary - Amy Hrovat

Directors at Large - Chauntelle McCallum, Swapnal Sharma, Marie McKay

Parent Advisor - Jihan Jones

**INTERESTED IN
VOLUNTEERING?**

SIGN UP HERE

**LINK TO PARENT
SECTION OF THE
SCHOOL WEBSITE**



SPECIAL MEETING: FEB 4TH 6:00PM ONLINE

After the monthly parent council meeting, a special meeting will take place to review and vote on proposed edits to the current bylaws. This meeting is open to all WGH stakeholders.

FROM THE NEST OF YOUR FRIENDS OF RAVENS

JANUARY 2025



CASINO FUNDRAISER COMING UP IN MARCH

There is a **Casino fundraiser coming up on March 12th and 13th. This is the largest fundraising event for our school**, which helps support payment for resources, technology, field trips, events and more. Without these funds a lot of what we are able to offer would be impacted.

It does require our school community to support us with volunteer hours.

[Sign up here!](#)

The poster has a black background with a red and white marquee-style border. At the top, there are several playing cards (Ace of Hearts, King of Clubs, Queen of Diamonds, Jack of Spades) and colorful chips. The text "CASINO Night FUNDRAISER" is written in a stylized font. Below that, it says "VOLUNTEERS NEEDED!" and "MARCH 12 - 13 2025". At the bottom, it says "SIGNUP GENIUS WGH CASINO 2025" and "MUST BE 18+ REFER TO SIGN UP FOR MORE DETAILS QUESTIONS: WAGHFORS@GMAIL.COM".

CASINO
Night
FUNDRAISER

VOLUNTEERS NEEDED!

MARCH 12 - 13 2025

**Signup for a chance to win
your child's class a pizza party!!**

SIGNUP GENIUS
WGH CASINO 2025

MUST BE 18+

REFER TO SIGN UP FOR MORE DETAILS
QUESTIONS: WAGHFORS@GMAIL.COM

JANUARY 2025

SCHOOL CLUBS



CLUB / ACTIVITY / TEAM	DIVISION / GRADES
Basketball Teams	Grades 5/6
Student Lighthouse	Grades 1-6 (<i>One student from each classroom</i>)
Intramurals	Grade 1-6 (Rotating Schedule)
Recess Leaders	Grade 5/6
Meow! The Musical	Grades 1-6, Audition Based
Video Game Club	Division 2 Students Aged 10+, Application Based
Robotics Team	Division 2 Students, Application Based



FROM OUR PARTNERS:

Ignite! Mentoring Program



FREE Group mentoring program that focuses on building healthy relationships, self-esteem, physical activity, leadership, mental health and communication skills through activities, crafts, and group discussion.

TUESDAYS - 7 WEEKS - 6:15PM - 7:30PM

FEBRUARY 4 - MARCH 18, 2025

FOR YOUTH AGES 10-12

LOCATION: JUSTIN SLADE
YOUTH FOUNDATION

TO REGISTER:
EMAIL GMCWB@BIGBROTHERSBIGSISTERS.CA
OR CALL 780 791 2447





FROM OUR PARTNERS:



Go Girls! ✨ Mentoring



FREE MENTORING PROGRAM
FOR YOUTH AGES 10 - 12

Every _____
Thursday

6:00-
7:00PM

7 WEEK PROGRAM STARTING
JANUARY 30, 2025

LOCATION: JUSTIN SLADE
YOUTH FOUNDATION



TO REGISTER: PLEASE CONTACT
GMCWB@BIGBROTHERSBIGSISTERS.CA or 780-791-2447

CIRCLE OF SECURITY

STRENGTHENING THE PARENT-CHILD RELATIONSHIP

What is Circle of Security?

It is a program designed to strengthen the parent-child relationship. Using a visual map of caregiver-child attachment, it supports caregivers in meeting their child's emotional needs for exploring the world and returning for comfort.

Always: **Be BIGGER, STRONGER, WISER, and KIND.**
Whenever possible: **Follow your child's need.**
Whenever necessary: **Take charge.**



Why Attend?

After 60 years of research we know secure children are more likely to:

- Enjoy happiness with parents
- Turn to their parents for support when in trouble
- Solve problems and get along better with friends
- Solve problems independently
- Have better relationships with siblings
- Have higher self-esteem
- Trust the people they love
- Believe that good things will come their way

Who Should Attend?

Caregivers of children of all ages!
(Children are not permitted to attend)



Cost: Free!



Feb 11, 18
Mar 4, 11, 18, 25
Apr 1, 8

2:30-4:30 PM

Participants are encouraged to attend all 8 sessions



Walter and Gladys Hill School



Presented by:
Tiara Samson and Chelsea Griffin

How to Register: Email Tiara.Samson@fmprsd.ab.ca or Chelsea.Griffin@fmprsd.ab.ca

EXECUTIVE FUNCTION HIGHLIGHT: *GOAL DIRECTED PERSISTENCE*

"The capacity to follow through to the completion of a goal, even when it seems to take a long time, without being deterred by setbacks, mistakes, frustration, boredom, other demands, or competing interests" (Faith et al., 2022, p.2).

Challenges can look like:

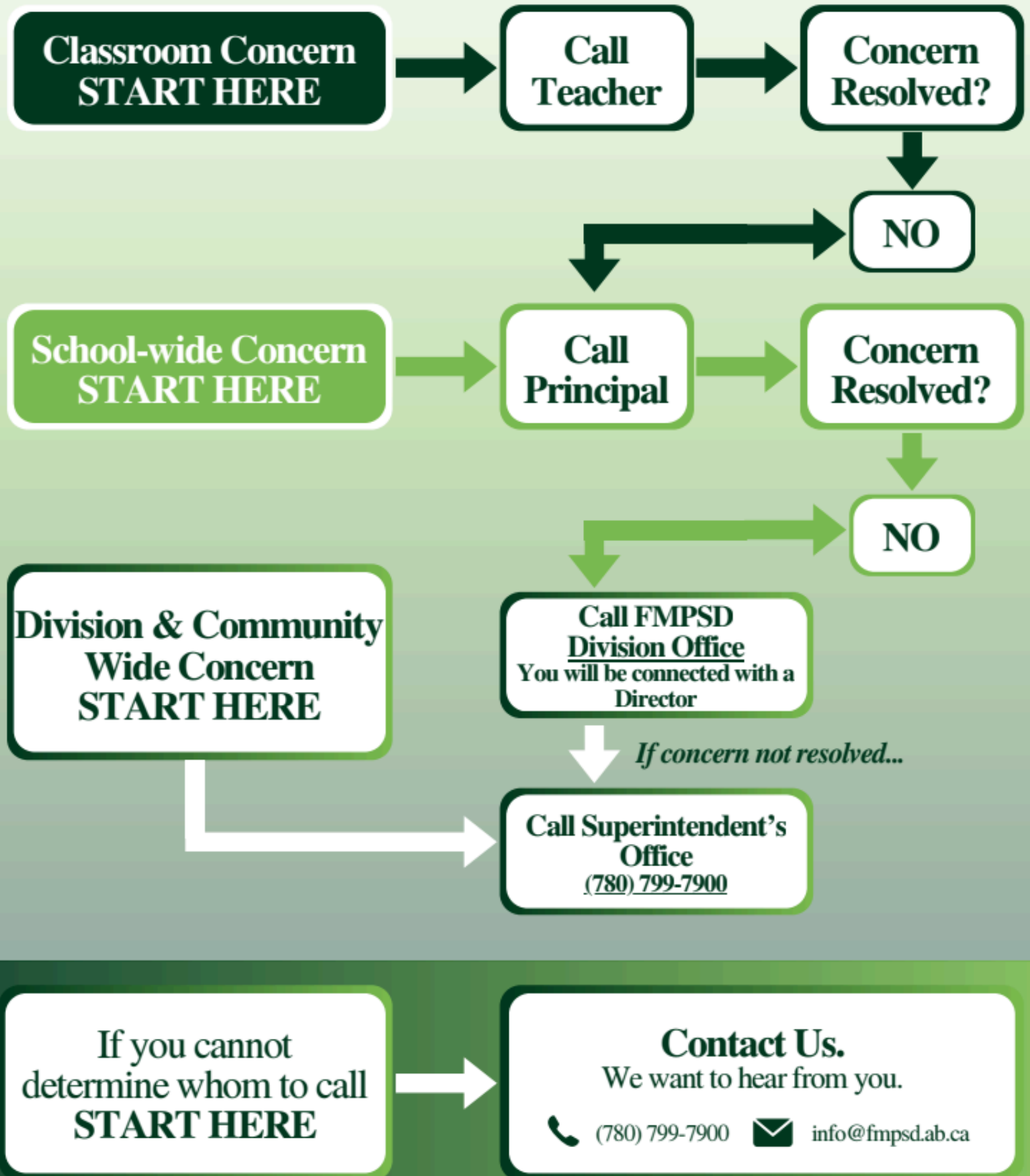
- Easily distracted when working on a task
- Multiple unfinished tasks
- Easily frustrated when things don't go as planned
- Loss of interest with long term tasks
- May not finish a task due to it being difficult
- Fear of failure
- Negative self-talk ("I can't do anything right")



Strategies to support goal directed persistence:

- Create a New Year's resolution and track achievements
- Establish goals
- Create a plan with multiple checkpoints
- Set small achievable goals
- Create and repeat daily affirmations
- Conduct frequent check ins to determine progress
- Use first/then strategy
- Take a break from challenging tasks and come back to it later
- Ask for help when encountering setbacks
- Celebrate all accomplishments – big and small!







FEBRUARY DATES

Jan 31

No School
Division PD Day

Feb 7

Spirit Day
Jersey Day

Feb 14

No School
PLF

Feb 17

No School
Family Day

Feb 21

Spirit Day
Backwards Day

Feb 24-28

No School
Teacher Convention